



# EVERSHINE PUBLISHERS

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# Preface

General Knowledge is an informative, interesting, and intriguing series of eight books for classes 1 to 8. The series is carefully graded keeping in mind the age and corresponding level of understanding of the young readers as per NEP 2020.

The books have been divided into units: **Me and My Skills, Flora and Fauna, Literature and Language, India - My Motherland, World Matters, Fun and Sports, Science and Technology, Miscellaneous** and **Activity Zone**. There is a lot more to engage and excite young minds.


## KEY FEATURES:

- ★ Simple, lucid and understandable language.
- ★ Attractive and child-friendly layout.
- ★ Colourful pictures and illustration to supplement text matter.
- ★ Topics on **health, nutritions, fitness** and **hygiene** of the day.
- ★ Arouse the spirit of **nationalism** at all levels.
- ★ **Life skills** pages to improve moral values in young learners.
- ★ **Wow Facts** are added to bring a smile to the face of the learners.
- ★ **Puzzles, riddles, brain teasers** what the Thinking and Logical Skills of the learners.
- ★ **Activity sheets** to keep the learners busy in classroom and at home.
- ★ **Review sheets** to evaluate the progress of the learners.
- ★ **Current Affairs** (classes 4 to 8) to provide the latest and essential information on national and international events.

We are sure that our fresh approach will benefit the teachers and students alike.

LET KNOWLEDGE GROW FROM MORE TO MORE

-Publishers



## OBJECTIVE OF NEP 2020

The **New Education Policy (NEP)** was released by the Ministry of Human Resource Development on 30 July 2020. The main motto of NEP-2020 is **Educate Encourage Enlighten**.

The main aims of NEP-2020 are to reform school education with equal emphasis on all subjects and development of different skills, arming the teachers with twenty-first-century skills.

The series has specially been designed to fulfil the aims set by **NEP-2020, CBA (Curriculum -Based Assessment), NIPUN BHARAT and SAFAL 2021**.

### CONCEPTUAL LEARNING

Conceptual learning involves students engaged in quality learning experiences based around key concepts and central ideas rather using the more traditional method of focusing on learning on topics.



### CRITICAL THINKING



Critical thinking is the intellectually disciplined process of actively and skillfully conceptualizing, applying, analyzing and evaluating information gathered from, or generated by observation, experience, reflection, reasoning or communication, as a guide to belief and action.

### CREATIVITY

Creativity is the interaction between the learning environment, both physical and social, the attitudes and attributes of both teachers and students and a clear problem-solving process which produces something new, relevant and useful for the society.



### COMMUNICATION SKILLS



Communication skills involve listening and speaking as well as reading and writing. Effective communication helps improve relationships, increase understanding and gather information more accurately and quickly.

### EXPERIMENTAL LEARNING

Experimental learning means learning through action, learning by doing, learning through experience and learning through discovery and exploration. In experimental learning, students cooperate and learn from one another in a more structured way.



### PROBLEM SOLVING



Problem solving is the ability of students to make choices, interpret, and formulate and investigate problem situations, select and use technological functions and communicate solutions effectively.

## MULTIDISCIPLINARY EDUCATION

Multidisciplinary education is a unique educational approach that allows the students to learn and explore distinct subjects and curriculum from various disciplines. There is no limit to learning and multidisciplinary educational approach mentioned in the NEP 2010 is the correct step taken towards promoting the same.



## VOCATIONAL SKILLS



Vocational skills prepare learners to take part in practical activities, outside the classroom. Vocational skills develop practical skills in learners and empower them to become self-reliant.

## ART AND INTEGRATION

Art integrated learning (AIL) is a teaching-learning model which is based on learning 'through the arts' and 'with the arts'. It is a process where art becomes the medium of teaching-learning— a key to understanding any subject.



## SCIENTIFIC TEMPER



Scientific temper is a way of life—an individual and social process of learning, thinking and acting. It uses a scientific method which includes questioning, observing reality, testing, analysing and communicating.

## ENVIRONMENT AND HEALTH

Environment and health focuses on the relationships between people and their environment; promotes human health and well-being; and fosters healthy and safe communities. It's a part of any education policy.



## LIFE SKILLS



Life skills are those abilities that help promote mental well-being and competence in young learners. Life skills provide children with important tools for development, such as independent thinking, how to socialize and make new friends.

## LEADERSHIP SKILLS

Leadership skills enable students to take actions, make strategies and lead through examples. Leadership skills also provide confidence and help students to improve other skills such as communication, problem-solving and collaboration.



## DEMOCRATIC AND HUMAN VALUES



Democratic and human values enable young learners to take decisions autonomously—how to lead, how to tolerate different opinions and to collaborate with and respect the rights of others.

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# 1. Go CORONA GO!

The following safety measures will keep you and others safe from corona.



Wear a medical mask.



Wash your hands with soap.



Cover your cough and sneeze



Avoid touching nose, eyes and mouth



Keep one meter away from sick people



Stay at home until recover



## 2. Skills And Manners

Skills and good manners help us throughout our life. We learn good manners from our elders and teachers.

Read the situations and write the word that should be said in each case.



Never use unkind words.



1. When you receive something from someone.



2. When you do something wrong or hurt someone.



3. When you ask for something from someone.

### Hint Box

- a. Sorry
- b. Please
- c. Thank you
- d. Excuse me



4. When you cough or sneeze.



### Find Out

What do you mean by saying 'pardon'?



### 3. Clean Body

Cleanliness is next to Godliness.

Read the following clues and match them with the object used for cleaning.

- 1.  Soap a. To clean our ears
- 2.  Comb b. To clean our body
- 3.  Earbud c. To dry our hair
- 4.  Toothbrush d. To style our hair
- 5.  Hair dryer e. To trim our nails
- 6.  Nail cutter f. To clean our teeth



#### Find Out

What is use the of this mask?



#### Wow Fact

Never put any sharp object like hair pin in your ears, nose or eyes.



## 4. Watch Your Behaviour

Our behaviour is the way in which we conduct ourself. Below are some pictures showing some actions. Put a tick (✓) for the actions showing good behaviour and cross (✗) for the wrong ones:



1. Watching TV from close distance



2. Sneezing at someone's face



3. Fighting with someone



4. Sharing lunch with your friend



5. Exercising regularly in the morning



6. Leaving food on the plate



7. Studying while lying in the bed



## 5. Yoga Poses for Kids

Yoga brings a positive attitude to everyone. It keeps our body healthy. Yoga helps us connect our body with nature and feel like a part of it.

Here are some simple animal yoga poses for kids. Practise them in the presence of your yoga teacher.



Turtle pose



Cow pose



Frog pose



Cat pose



Camel pose



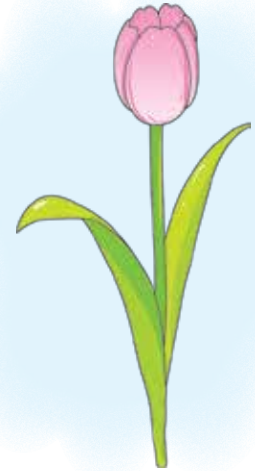
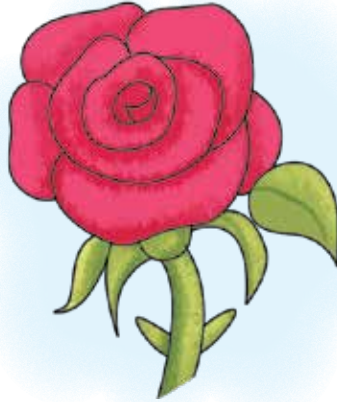
Lion pose



# 6. Flowers Delight

Flowers are the most colourful parts of the plant.

Name these flowers:



1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_



4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

**Hint Box**

a. Lily	b. Daisy
c. Lotus	d. Rose
e. Tulip	f. Marigold

**Wow Fact**  
Honeybees collect nectar from flowers to make honey.

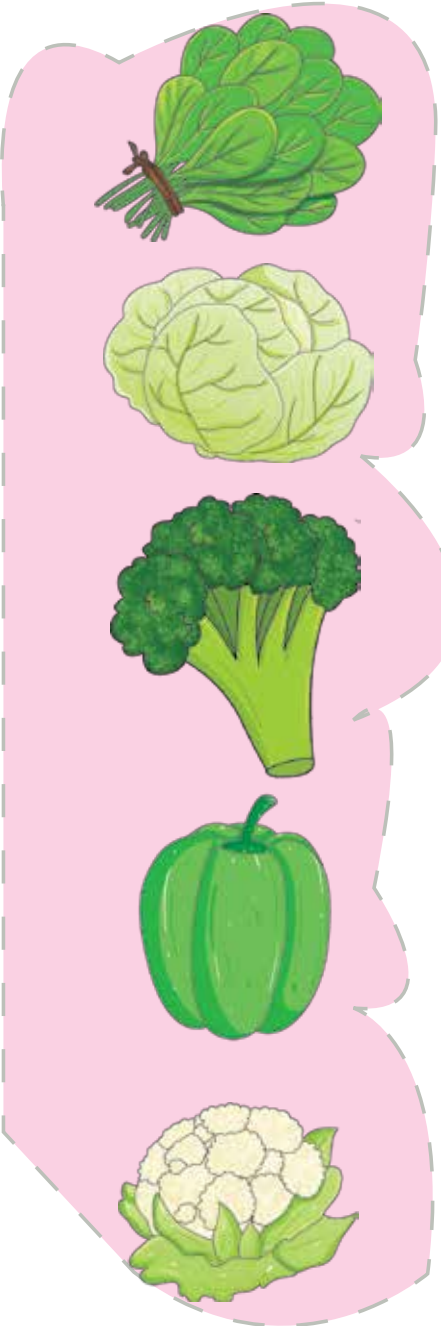
**Find Out**  
Which is the national flower of our country?



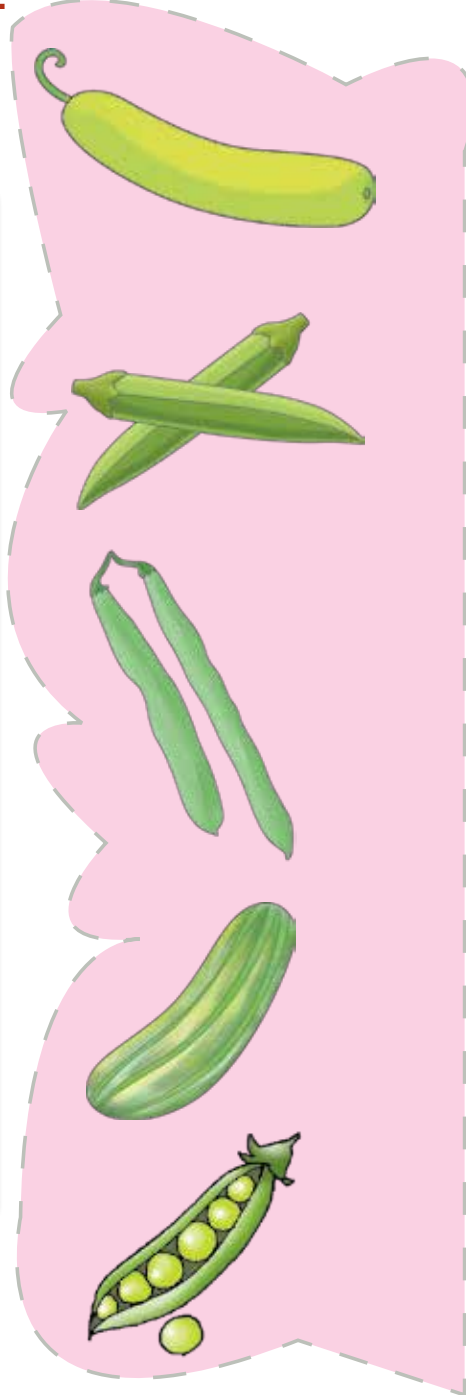
# 7. Green Veggies

Vegetables are parts of plants consumed as part of meal. They can be raw or cooked.

Find out the names of green veggies in this word grid:



B	R	O	C	C	O	L	I	L	B	S
S	O	D	S	Y	U	M	L	A	O	B
P	A	S	Y	M	A	T	M	D	T	P
I	Y	O	L	P	S	U	C	Y	T	U
N	U	T	A	T	Y	P	A	F	L	L
A	S	D	B	S	A	S	P	I	E	S
C	A	B	B	A	G	E	S	N	G	E
H	S	E	N	E	O	R	I	G	O	N
P	E	A	S	R	D	B	C	E	U	A
A	O	N	B	O	E	N	U	R	R	D
B	D	S	D	E	A	N	M	N	D	B
B	I	T	T	E	R	G	O	U	R	D
C	C	U	C	U	M	B	E	R	P	P



### Wow Fact

Capsicum is also called bell pepper. It is found in green, red and yellow colour.



### Find Out

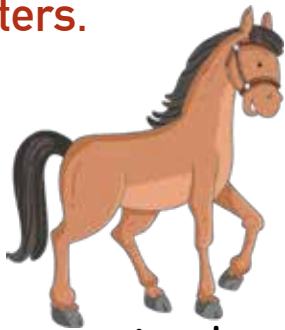
Name the vegetable that can make you cry.



# 8. Domestic Animals

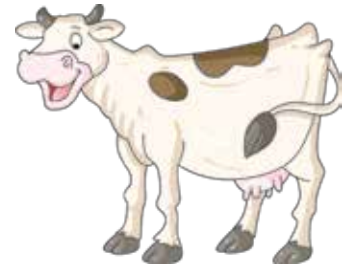
Domestic animals give us many useful things. They help us in many other ways.

Read the clues and write the names of these animals by rearranging the letters.



1. It carries load.

ORHSE



2. It gives us milk.

OCW



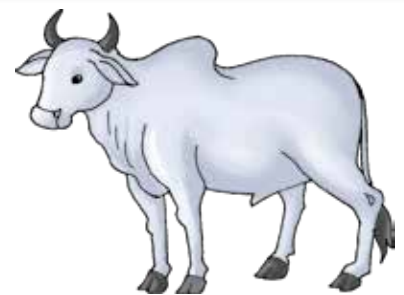
3. It gives us honey.

EEB ONHEY



### Wow Fact

Both male and female goats have beards.



4. It ploughs our field.

UBLOLKC



5. It gives us eggs.

ENH



6. It gives us wool.

SEHEP



# 9. Who Am I?

Read the clues and write the names of these animals.



1. I am the king of the jungle.



2. I am a thankful friend.



3. I am the world's largest bird.



4. I am known as the ship of the desert.



5. I am the largest of all land animals.

### Think Green!

We don't talk much. But feel as you do. Don't hurt us, we are your friends too!

Animal Friends.

### Hint Box

- |          |      |
|----------|------|
| Camel    | Lion |
| Elephant | Dog  |
| Ostrich  |      |



### Wow Fact

A male lion can drag along a 300 kg zebra. It would take six people to do this.