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Preface

General Knowledge is an informative, interesting, and intriguing series of eight books for classes 1 to 8. The series is carefully graded keeping in mind the age and corresponding level of understanding of the young readers as per NEP 2020.

The books have been divided into units: **Me and My Skills, Flora and Fauna, Literature and Language, India - My Motherland, World Matters, Fun and Sports, Science and Technology, Miscellaneous** and **Activity Zone**. There is a lot more to engage and excite young minds.


KEY FEATURES:

- ★ Simple, lucid and understandable language.
- ★ Attractive and child-friendly layout.
- ★ Colourful pictures and illustrations to supplement text matter.
- ★ Topics on **health, nutritions, fitness** and **hygiene** of the day.
- ★ Arouse the spirit of **nationalism** at all levels.
- ★ **Life skills** pages to improve moral values in young learners.
- ★ **Wow Facts** are added to bring a smile to the face of the learners.
- ★ **Puzzles, riddles, brain teasers** what the Thinking and Logical Skills of the learners.
- ★ **Activity sheets** to keep the learners busy in classroom and at home.
- ★ **Review sheets** to evaluate the progress of the learners.
- ★ **Current Affairs** (classes 4 to 8) to provide the latest and essential information on national and international events.

We are sure that our fresh approach will benefit the teachers and students alike.

LET KNOWLEDGE GROW FROM MORE TO MORE

-Publishers



OBJECTIVE OF NEP 2020

The **New Education Policy (NEP)** was released by the Ministry of Human Resource Development on 30 July 2020. The main motto of NEP-2020 is **Educate Encourage Enlighten**.

The main aims of NEP-2020 are to reform school education with equal emphasis on all subjects and development of different skills, arming the teachers with twenty-first-century skills.

The series has specially been designed to fulfil the aims set by **NEP-2020, CBA (Curriculum -Based Assessment), NIPUN BHARAT and SAFAL 2021**.

CONCEPTUAL LEARNING

Conceptual learning involves students engaged in quality learning experiences based around key concepts and central ideas rather using the more traditional method of focusing on learning on topics.



CRITICAL THINKING



Critical thinking is the intellectually disciplined process of actively and skillfully conceptualizing, applying, analyzing and evaluating information gathered from, or generated by observation, experience, reflection, reasoning or communication, as a guide to belief and action.

CREATIVITY

Creativity is the interaction between the learning environment, both physical and social, the attitudes and attributes of both teachers and students and a clear problem-solving process which produces something new, relevant and useful for the society.



COMMUNICATION SKILLS



Communication skills involve listening and speaking as well as reading and writing. Effective communication helps improve relationships, increase understanding and gather information more accurately and quickly.

EXPERIMENTAL LEARNING

Experimental learning means learning through action, learning by doing, learning through experience and learning through discovery and exploration. In experimental learning, students cooperate and learn from one another in a more structured way.



PROBLEM SOLVING



Problem solving is the ability of students to make choices, interpret, and formulate and investigate problem situations, select and use technological functions and communicate solutions effectively.

MULTIDISCIPLINARY EDUCATION

Multidisciplinary education is a unique educational approach that allows the students to learn and explore distinct subjects and curriculum from various disciplines. There is no limit to learning and multidisciplinary educational approach mentioned in the NEP 2010 is the correct step taken towards promoting the same.



VOCATIONAL SKILLS



Vocational skills prepare learners to take part in practical activities, outside the classroom. Vocational skills develop practical skills in learners and empower them to become self-reliant.

ART AND INTEGRATION

Art integrated learning (AIL) is a teaching-learning model which is based on learning 'through the arts' and 'with the arts'. It is a process where art becomes the medium of teaching-learning— a key to understanding any subject.



SCIENTIFIC TEMPER



Scientific temper is a way of life—an individual and social process of learning, thinking and acting. It uses a scientific method which includes questioning, observing reality, testing, analysing and communicating.

ENVIRONMENT AND HEALTH

Environment and health focuses on the relationships between people and their environment; promotes human health and well-being; and fosters healthy and safe communities. It's a part of any education policy.



LIFE SKILLS



Life skills are those abilities that help promote mental well-being and competence in young learners. Life skills provide children with important tools for development, such as independent thinking, how to socialize and make new friends.

LEADERSHIP SKILLS

Leadership skills enable students to take actions, make strategies and lead through examples. Leadership skills also provide confidence and help students to improve other skills such as communication, problem-solving and collaboration.



DEMOCRATIC AND HUMAN VALUES



Democratic and human values enable young learners to take decisions autonomously—how to lead, how to tolerate different opinions and to collaborate with and respect the rights of others.

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1. Hygiene-How Often

Place a tick (✓) under how often you think you should complete each of the following hygiene tasks on the list!



Find Out

What will happen if we do not follow the hygiene rules?

- All the time
- Once or thrice daily
- Once in a while
- Never

	All the time	Once or thrice daily	Once in a while	Never
1. Brushing your teeth				
2. Trimming your fingernails				
3. Taking a shower/ bath				
4. Wearing dirty clothes				
5. Wearing stinky shoes				
6. Washing hands when dirty				
7. Covering your mouth when coughing				
8. Wiping your nose with T-shirt				
9. Biting off your nails				
10. Changing your undergarments				



2. Rules in the Classroom

Read the rules and write them under suitable pictures.



1. _____



2. _____



3. _____



4. _____

- a. Don't eat in the classroom
- b. Keep quiet
- c. Keep the class clean
- d. Don't run in the classroom
- e. Don't make noise?
- f. Don't fight with your classmates
- g. Don't write on desks
- h. Don't come to class late



5. _____



6. _____



7. _____



8. _____



3. Being Eco-Friendly

Here is Appu talking about his habits. Find out whether it is eco-friendly or not. If it is an eco-friendly habit, then put a tick (✓) in the circle. If it is not, then put a cross (×).



1. I do not waste food.



2. I break plants for fun.



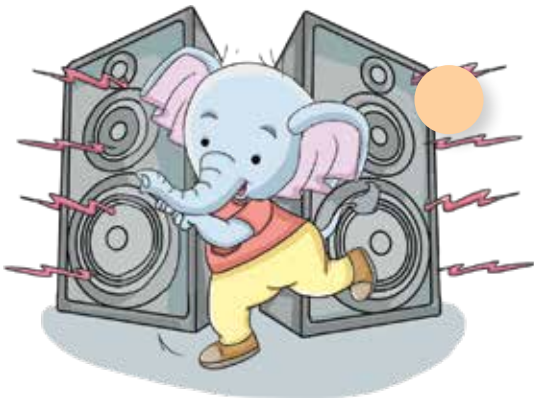
3. I waste water while bathing.



4. I make paper bags from old newspapers for shopping.



5. I use disposable glasses instead of reusable ones.



6. I listen to music at a very loud volume.



7. I throw garbage in the bin.



8. I use water left in bottles to water plants.



4. Social Skills Checklist

Which skills do you think you need to improve? Place red dot against the sentences you need to improve and green dot for those which are true to you:



- 1. I don't work with other people.
- 2. I have a hard time controlling pitch of my voice.
- 3. I get nervous when I'm around other people.



- 4. I can't keep friends for a long time.
- 5. I get easily distracted when somebody talks to me.
- 6. People usually don't laugh at my jokes.
- 7. I don't know how to make friends.
- 8. I say 'please', 'sorry' and 'thank you' wherever needed.
- 9. I talk politely to all.
- 10. I never yell or scream or insult anyone.
- 11. I can easily understand the facial expressions of other people.

Getting Along
Be kind
Use polite words
Listen carefully
Think first
Be honest
Take turns
Respect everyone
Help others
Do your best



- 12. People love to talk to me as I can keep the conversation on.
- 13. I've been told to others that I'm poor mannered.





5. Coronavirus

Match the pictures with the pieces of advice:



1.



2.



3.



4.

- a. Do not meet the people.
- b. Wash hands with soap and water thoroughly.
- c. Use a sanitizer to sanitize your hands.
- d. Use a mask to cover your face.
- e. Stay at home, if you feel sick.
- f. Use a household wipe to disinfect doorknobs, switches, tables and phones.
- g. Take appropriate food and vitamins.
- h. Use your bent elbow to cover a cough or sneeze.



5.



6.



7.



8.

DON'T BE AFRAID, ACT WISELY!



6. Signs That Speak

Can you write what each of these signs stands for?



1. _____



2. _____



3. _____



4. _____



6. _____



5. _____



7. _____



8. _____

Hint Box

Men at Work
School Ahead

Straight Way
Speed Breaker

Zebra Crossing
No Parking

U-Turn
No Horn Please



7. Plant Quiz

Here is a simple quiz on plants. Unscramble the words given in the brackets and write them in the blank spaces.

1. In India, many people brush their teeth with _____ twigs. (MEEN)
2. Carrots, spinach and pumpkins are rich in _____ A. (MVITANI)
3. Pepper, nutmeg and cardamom are _____ we use to enhance the flavour of our food. (PSICES)
4. We get linen from the _____ plant. (LAFX)
5. _____ like almonds, rednuts and cashewnuts are a rich source of vitamins and minerals. (TNUS)
6. Coriander, mint and thyme are _____ we use to make our food healthy and tasty. (EHRBS)
7. Tomatoes, bananas, mangoes and pears are _____. (RFUIST)
8. Rice, wheat and barley are examples of _____ that we eat. (SIGRAN)





8. Superlative Animals

Use the codes to find out the names of these animals.



Tallest animal

7	9	18	1	6	6	5



Fastest land animal

3	8	5	5	20	1	8



Smelliest animal

19	11	21	14	11

1	A
2	B
3	C
4	D
5	E
6	F
7	G
8	H
9	I
10	J
11	K
12	L
13	M
14	N
15	O
16	P
17	Q
18	R
19	S
20	T
21	U
22	V
23	W
24	X
25	Y
26	Z



Largest bird

15	19	20	18	9	3	8



Fastest bird

19	23	9	6	20



Smallest flightless bird

11	9	23	9



9. Healing Plants

Plants can be healers so as to cure several diseases/ailments.

Here are the pictures and descriptions of some plant healers. Recognise them and write their names with the help of the Hint Box.



1. _____ has great healing properties for the skin.



2. _____ relaxes the smooth muscles of the stomach. It helps in digestion.



3. _____ tea aids sleep or indigestion.



4. _____ has antimicrobial properties and relieves cold symptoms.



5. _____ helps to relieve cough and cold because of its antimicrobial property.



6. _____ has antiseptic and antibacterial properties. It is also called the king of herbs.

Hint Box



Mint

Thyme

Aloevera

Basil

Chamomile

Sage



Wow Fact

Neem leaves are bitter. Neem oil is an antibiotic. Neem fried stems are used to strengthen gums and teeth.