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Preface

General Knowledge is an informative, interesting, and intriguing series of eight books for classes 1 to 8. The series is carefully graded keeping in mind the age and corresponding level of understanding of the young readers as per NEP 2020.

The books have been divided into units: **Me and My Skills, Flora and Fauna, Literature and Language, India - My Motherland, World Matters, Fun and Sports, Science and Technology, Miscellaneous** and **Activity Zone**. There is a lot more to engage and excite young minds.

KEY FEATURES:

- ★ Simple, lucid and understandable language.
- ★ Attractive and child-friendly layout.
- ★ Colourful pictures and illustration to supplement text matter.
- ★ Topics on **health, nutrition, fitness** and **hygiene** of the day.
- ★ Arouse the spirit of **nationalism** at all levels.
- ★ **Life skills** pages to improve moral values in young learners.
- ★ **Wow Facts** are added to bring a smile to the face of the learners.
- ★ **Puzzles, riddles, brain teasers** what the Thinking and Logical Skills of the learners.
- ★ **Activity sheets** to keep the learners busy in classroom and at home.
- ★ **Review sheets** to evaluate the progress of the learners.
- ★ **Current Affairs** (classes 4 to 8) to provide the latest and essential information on national and international events.

We are sure that our fresh approach will benefit the teachers and students alike.

LET KNOWLEDGE GROW FROM MORE TO MORE

-Publishers



OBJECTIVE OF NEP 2020

The **New Education Policy (NEP)** was released by the Ministry of Human Resource Development on 30 July 2020. The main motto of NEP-2020 is **Educate Encourage Enlighten**.

The main aims of NEP-2020 are to reform school education with equal emphasis on all subjects and development of different skills, arming the teachers with twenty-first-century skills.

The series has specially been designed to fulfil the aims set by **NEP-2020, CBA (Curriculum -Based Assessment), NIPUN BHARAT and SAFAL 2021**.

CONCEPTUAL LEARNING

Conceptual learning involves students engaged in quality learning experiences based around key concepts and central ideas rather using the more traditional method of focusing on learning on topics.



CRITICAL THINKING

Critical thinking is the intellectually disciplined process of actively and skillfully conceptualizing, applying, analyzing and evaluating information gathered from, or generated by observation, experience, reflection, reasoning or communication, as a guide to belief and action.



CREATIVITY

Creativity is the interaction between the learning environment, both physical and social, the attitudes and attributes of both teachers and students and a clear problem-solving process which produces something new, relevant and useful for the society.



COMMUNICATION SKILLS

Communication skills involve listening and speaking as well as reading and writing. Effective communication helps improve relationships, increase understanding and gather information more accurately and quickly.



EXPERIMENTAL LEARNING

Experimental learning means learning through action, learning by doing, learning through experience and learning through discovery and exploration. In experimental learning, students cooperate and learn from one another in a more structured way.



PROBLEM SOLVING

Problem solving is the ability of students to make choices, interpret, and formulate and investigate problem situations, select and use technological functions and communicate solutions effectively.



MULTIDISCIPLINARY EDUCATION

Multidisciplinary education is a unique educational approach that allows the students to learn and explore distinct subjects and curriculum from various disciplines. There is no limit to learning and multidisciplinary educational approach mentioned in the NEP 2010 is the correct step taken towards promoting the same.



VOCATIONAL SKILLS



Vocational skills prepare learners to take part in practical activities, outside the classroom. Vocational skills develop practical skills in learners and empower them to become self-reliant.

ART AND INTEGRATION

Art integrated learning (AIL) is a teaching-learning model which is based on learning 'through the arts' and 'with the arts'. It is a process where art becomes the medium of teaching-learning— a key to understanding any subject.



SCIENTIFIC TEMPER



Scientific temper is a way of life—an individual and social process of learning, thinking and acting. It uses a scientific method which includes questioning, observing reality, testing, analysing and communicating.

ENVIRONMENT AND HEALTH

Environment and health focuses on the relationships between people and their environment; promotes human health and well-being; and fosters healthy and safe communities. It's a part of any education policy.



LIFE SKILLS



Life skills are those abilities that help promote mental well-being and competence in young learners. Life skills provide children with important tools for development, such as independent thinking, how to socialize and make new friends.

LEADERSHIP SKILLS

Leadership skills enable students to take actions, make strategies and lead through examples. Leadership skills also provide confidence and help students to improve other skills such as communication, problem-solving and collaboration.



DEMOCRATIC AND HUMAN VALUES



Democratic and human values enable young learners to take decisions autonomously—how to lead, how to tolerate different opinions and to collaborate with and respect the rights of others.

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1. Protect Yourself From Coronavirus

SYMPTOMS



Fever



Cough



Colds












Shortness of breath



Difficulty in breathing

Observe the following preventive measures.

S	See doctor if symptoms of cough and cold persist	
T	Take 8 to 10 glasses of water daily	
O	One's health is important. Maintain a healthy lifestyle and a clean environment	
P	Prepare healthy and well-cooked meals	
C	Crowded places and contact with farm and wild animals should be avoided	
O	Observe proper hand washing techniques (with soap and water) regularly	
V	Vitamin C supplements and vitamin C-rich fruits and vegetables should be taken daily	
I	If you need to cough or sneeze, please cover your mouth and nose	
D	Do not panic. Stay informed about the latest developments in your area	



2. Safety Signs

Safety signs and symbols are used as safety communication tools - they help send clear messages, instructions and warnings without using too many words. They speed up the level of understanding of individuals. They are useful especially in scenarios where a quick response is needed.

Can you write what each of the following signs and symbols stands for? Take help from the words given in the Hint Box.



Hint Box

Handicapped

Fire extinguisher

Flammable gas

Falling rocks

Fire alarm

Crossroad ahead

First aid box

No smoking

Wear helmet

Toxic hazard

No overtaking

Slippery when wet



Know-Your Safety Signs

	Prohibition signs (Do not do) : Signs prohibiting certain behaviour e.g. No Smoking
	Warning Signs (Danger, warning, caution) : Signs which indicate a potential hazard within an area e.g. Danger high voltage
	Mandatory Signs (You must do) : Signs which indicate a specific course of action is to be followed e.g. Safety helmets must be worn
	Safe Condition Signs (Safest way) : Signs giving information about safe conditions, doors, exits and escape routes, e.g. Fire exits
	Fire Signs (Fire fighting equipments) : Signs indicating the location of fire fighting equipments e.g. Fire point

School Safety Notice

	All visitors please report to reception.
	Use to camera phones is prohibited.
	Smoking is strictly prohibited.
	Dogs are not allowed on school grounds.
	CCTV in operation.
	Please observe all safety signage.

List of Emergency Government Contact Numbers

Emergency Helpline	Contact Details
1. National helpline no.	112
2. Police	100
3. Fire	101
4. Ambulance	102
5. Disaster Management series	108
6. Women Helpline	1091
7. Child Abuse Hotline	1098
8. LPG Leak Helpline	1906
9. Kissan Call Centre	1551
10. Railway Accident Emergency	1072
11. Road Accident Emergency	1073
12. Senior Citizen Helpline	1091/1291
13. Earthquake/Flood/Disaster	011-24363260
14. Tourist Helpline	1363
15. Electricity Complaint	155333
16. Water Supply	155313
17. Railway Enquiry	131/135
18. Crime Stopper	1090
19. Traffic Help	1073
20. Corona Virus (Covid-19 Helpline)	1075/011-23978046 +91-11-23978046

<http://www.mohfw.gov.in>



Wow Fact

- * The first road signs were designed for cyclists.
- * Traffic signs were originally made of wood or stone.
- * Octagon is the universal shape for STOP because of its low cost.





3. Ways to Stay Safe Online

Observe the following ways to stay safe online.

<p>1</p> <p>Don't share your personal information.</p> 	<p>2</p> <p>Only talk to people that you know</p> 	<p>3</p> <p>Don't meet up with anyone you have only met online</p> 
<p>4</p> <p>Only accept friend requests from people you know personally</p> 	<p>5</p> <p>Always think carefully about what you post</p> 	<p>8</p> <p>Report inappropriate content immediately</p> 
<p>6</p> <p>Make use of the privacy setting on all of your social media accounts</p> 	<p>7</p> <p>Remember that not everyone online is who what they say they are</p> 	<p>10</p> <p>Never share your password</p> 
<p>9</p> <p>Only share images that you'd be comfortable with your friends and family seeing</p> 		